

GCCCS&DL

Rules for Swimming Competition

As adopted _____, 2019

I Rules

1. USA Swimming technical rules will be the official rules governing strokes in league competition unless modified by specific provision set forth below:
 - a. The current Ohio high school rule concerning the backstroke flip turn will apply instead of the USA rule.
 - b. The current Ohio high school interpretation of the fourth leg of the individual medley and the medley relay.
 - c. The USA rule as to tape on a swimmer will not be enforced.
2. The league treasurer will purchase current year USA Swimming rulebooks and mail prior to the date of the first dual meet. One rulebook will be purchased for each member club.
3. For dual meets, there will be two officials assigned by the league officials commissioner. Officials must be certified through the YMCA, USA Swimming OHSAA, or NCAA. The two officials will serve as the starter and stroke judges. The officials will decide the areas of jurisdiction and responsibilities.
4. An official observing a disqualification will raise his or her hand and then will record the disqualification on a DQ slip. The DQ slip will indicate the reason for the call. The DQ slips will either be given to a runner or directly to the admin table. Officials may notify coaches of DQs if time allows. Failure to notify a coach does not negate a call.
5. One or both of the officials will serve as place judges. If there is a clear discrepancy between the watch times and the observed order of finish, the official(s)' placing will be recorded as "judges' decision" and will control over the watch times for scoring.
6. The chain of making complaints regarding judging, scoring, disqualifications, etc. should be as follows: parents to coaches to club league rep (if possible) to head official on deck. The judgment decisions of an official are final.

II. Dual Meets

1. Diving meets will start at 4 pm. The home team will warm up from 3 to 3:30 pm and the visiting team will warm up from 3:30 to 4 pm. The warm up sessions can be shortened by mutual agreement of the two head diving coaches, in the event of threatened bad weather.
2. Swim meets will start at 6:15 pm. The home team will warm up from 5:30 to 5:50 pm and the visiting team will warm up from 5:50 to 6:10 pm. The warm up sessions can be shortened by mutual agreement of the two head swimming coaches, in the event of threatened bad weather. Entry into the water should be in a cautious manner, feet first with one hand of deck unless practicing one way starts.
3. The decision to cancel a meet before it begins will be made by the Hosting Team Rep with contact between the Hosting Team Rep and the Visiting Team Rep occurring at 2 pm for Dive meets and 4:30 pm for Swim meets. If there will be a cancellation of change

in starting time for a swim meet, the officials commissioner will be contacted so the officials can be advised.

4. At least one lifeguard is to be on duty and in an observation position during all warm-ups, during diving and swimming meets, and after the meet is concluded if the home team permits anyone to enter the pool. The lifeguard may not be fulfilling any other duty, such as coaching or serving as a meet worker.
5. Athletes in the 10 & Under age groups may swim in 4 swimming events per meet, but no more than 2 relays. Athletes in 11 & Over age groups may swim in 5 events per meet, but no more than 2 relays.
6. Athletes may swim/dive “up” to an older age group, but can only swim a particular stroke event once per meet. This pertains to relays and individual events.
7. There will be an in-water start at the shallow end of all pools for the 100 meter relays.
8. It is the responsibility of both Team Reps to ensure that there are no children playing or lounging in the pool during the meet.

9. Timing & Scoring

- a. Meet entries are due to host by 11 am on the Meet Day. Host team will “collapse” heats when possible to streamline the meet. Host Team will email the Team Reps the Heat Sheet by 1 pm., and Team Reps will distribute to participants. (Participants should come to the meet with their copies of the heat sheet).
- b. Deck entries are allowed into open lanes only. No new heats will be created, unless by agreement of the two Club reps. Deck Entries will close 20 minutes prior to meet start time.
- c. Lane timer slips will be printed for each lane with several events per page.
- d. Scoring for dual meets will be as set out in Bylaws.
 - i. Individual Events: 4,2,1
 - ii. Relays: 8,4,2
 - iii. One team may not sweep an event. A team may score a maximum of six points per individual event and 12 points per relay event. In a dual meet, if the other team has a swimmer in the individual event or an entry in the relay, the team is awarded points for third place provided the swimmer/relay is not disqualified.
- e. Tri-meets will swim as “double dual meets”. A double dual meet is a meet in which 3 or more teams compete. In a meet with three teams, team scores will be computer as if there were 3 dual meets being swum as follows:
 - i. Team 1 versus Team 2
 - ii. Team 1 versus Team 3
 - iii. Team 2 versus Team 3
 - iv. The “no sweep” rule applies in a Tri-Meet.
- f. Ribbon stickers will be printed during the meet and applied to ribbons. Place ribbons will be given for first through sixth places. Participation ribbons will be given to non-placing swimmers in the 10& under age groups. Heat winner ribbons will be awarded to swimmers in all 12 &Under events.
- g. Host Team to email results to visiting team rep by 12 pm the day after the meet.

10. Meet Procedures

- a. For dual meets, Host Team will be in odd-numbered lanes; visiting team in even-numbered lanes. The fastest swimmers based on entries swim in the first heat. Points are awarded based on places and may be awarded to swimmers in other than the first heat.
- b. For tri meets, Host Team will be in lanes 3 and 6, one visitor in 1 and 4, and the other visitor in 2 and 5. The fastest swimmers based on entries swim in the first heat. Points are awarded based on places and may be awarded to swimmers in other than the first heat.
- c. Host Team admin will provide updated heat sheets to both officials and 2 copies to each team, and will post at least one copy.
- d. Runners will pick up completed lane timer slips and bring them to admin to data entry. Runners will pick up DQ slips from the officials.

13. Equipment

- a. Host Team to provide:
 - i. Stop watches for their lanes.
 - ii. Clipboards and pencils for all lanes and 2 for officials
 - iii. Stapler
 - iv. Rocks/paperweights
 - v. Ribbons
 - vi. Laptop computer (PC, not MAC)
 - vii. Hytek Meet Manager and Hytek Team Manager or Team Unify
 - viii. Laser printer
 - ix. Ream of paper
 - x. Mailing labels – Avery 5960 – for ribbon labels
 - xi. DQ slips (commissioner to email the current form).
 - xii. Starting unit (Colorado Infinity start system recommended)
- b. Visiting Team to provide stop watches for their lanes.

14. Personnel

For dual meets the host club will provide one timer per lane and the visiting club will provide one timer per lane. The host club will provide one back up timer. For tri meets, host club will provide 4 timers and each visiting team will provide 4 timers, for a total of 12. Host club to provide the primary Hytek operator and each club to provide one assistant for the admin table. Each club to provide one person to apply stickers to ribbons and sort ribbons. Host club to provide a runner.

III. Swim Champs

1. Rules. As with dual meets, USA Swimming technical rules, as modified, will apply.
2. Officials. League officials commissioner will assign three certified officials for each championship meet.
3. Electronic timing with touchpads, if feasible based on the pool, will be used and watches will be used as backups.
4. Scoring will be as set out in the Bylaws.